

Food in school Governor Update

The school Governors are delighted with the smooth transition key stage 1 pupils have made to eating lunch in the main hall. Our staff work hard alongside John Spendluffe Technology College, who provide our food, to ensure a happy, healthy lunchtime environment. For example, furniture of the most appropriate size has been sourced and much thought has gone into the way meals are served. Feedback from pupils clearly shows that lunchtimes are calmer, quieter and more enjoyable. The uptake of school meals has increased, food waste has lowered and school are listening to children's comments about their mealtime and addressing any concerns. A big thank you to staff and pupils, especially our Midday Supervisors.

Governors from the Food Steering Committee regularly visit at lunchtimes to monitor, evaluate and chat with our young diners. More and more pupils are choosing a hot meal which is fantastic as we are very proud of our balanced, tasty lunches. We listen to what pupils say about their lunches and aim to make them the best they can be. Pupils who choose to bring a packed lunch are well aware what a healthy lunchbox looks like and are working hard to remember to take uneaten items and packaging home so that you can see what they have consumed. We aim for all lunch box choices to be healthy. Thank you for your ongoing support.

All aspects of food in school are covered in our two documents, the Whole School Food Policy (<http://www.alford.lincs.sch.uk/Policies/2015/FOOD%20POLICY%202015.pdf>) and the Whole School Food Procedure (<http://www.alford.lincs.sch.uk/Policies/2015/FOOD%20PROCEDURE%202015.pdf>). The policy document succinctly sets out our aim and objectives and the procedure document sets out the ways in which the whole school works together to ensure the policy is active. Copies of the documents are also kept in school. Look out for a new 'our school food' notice board in the main hall which explains the policy to children.

The Food Steering Committee continues to ensure that school food standards are met so parents can be confident that meals are nutritionally balanced, and to evaluate the effectiveness of our Whole School Food Policy. Our pupil group, "Healthy Helpers", provide very useful feedback on all aspects of food in school and they are great at sharing their ideas for a healthy lifestyle with their classmates. We are going to add some of their healthy recipe ideas in the school newsletter so look out for these too!

