



# WHOLE SCHOOL FOOD POLICY

Reviewed Annually by the Pupil Progress & Welfare Committee

<b>Date of last Review</b>	<b>Version</b>	<b>Signature</b>
Summer 2014	1.0	See file for signed copy
Approved by Governors 26 <sup>th</sup> January 2016	2.0	
January 2016		

## **Introduction**

Alford Primary School is a Healthy School. It is important that we consider all elements of our work to ensure that we promote health awareness in all members of the School community. We can provide a valuable role model to pupils and their families with regard to food and healthy eating patterns.

This policy will be reviewed annually and is available to all on our School website.

## **Aim**

To ensure that all aspects of food and nutrition in school promote the health and wellbeing of all pupils, staff and visitors to our school.

## **Objectives**

- To ensure our formal curriculum teaches consistent health promotion messages about food and drink, and provides opportunities for children to cook a range of healthy meals
- To work with the John Spendluffe Canteen to ensure all food choices (breakfast & lunchtime) meet the nutritional standards outlined in the 'School Food Standards' from the Schools Food Plan. Our goal is to develop a tailor made service for each key stage in terms of both food provision and the dining environment.
- Establish a pupil group and support them to promote healthy eating throughout school.
- To contribute to the healthy physical development of all members of our School community
- To ensure that teaching staff who are taking responsibility for food in the classroom have basic food hygiene training. Continuous professional development will support staff's knowledge of health and wellbeing.